

Laurel County Extension Homemakers

"We are so much more than you think!"

ANNOUNCEMENTS

The Wilderness Trail Area Homemaker Council Meeting will take place on September 27th, 2022 starting at 10am. All Club Presidents/Representatives and County Officers please plan on attending.

Club leaders who attended the leadership training were provided with enrollment forms and handbooks for their members. Club leaders should gather dues and turn them into the office by October 18th. Homemaker dues have increased to \$10 this year and checks should be made payable to Laurel County Extension Homemakers. Mailbox members will be receiving letters in the next few days with their enrollment forms.

Month September Year 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 ★	2	3 ★	4
5	6 ★	7 ★	8 ★	9 ★	10	11
12 ★	13	14 ★	15 ★	16	17	18 ★
19	20 ★	21 ★	22 ★	23	24	25
26	27 ★	28 ★	29 ★	30		

- 1st - Cooking Through the Calendar @ 10am to 12pm
- 1st - Crazy Quilt Stitches @ 10am to 1pm
- 3rd - Mountain Laurel Quilters Club Meeting @ 9am
- 6th - Cake Pops @ 6pm to 8pm
- 7th - Food Preservation: Meat @ 1pm to 4pm
- 8th - Crazy Quilt Stitches @ 10am to 1pm
- 9th - Macedonia Club Meeting @ 6pm
- 12th - Laurel Silver Thread Quilters Club Meeting @ 9am
- 14th - Made by You @ 10am to 2pm
- 15th - Crazy Quilt Stitches @ 10am to 1pm

- 15th - Craft n' Creations: Fabric Pumpkins @ 6pm to 8pm
- 18th - Busy Needles Club Meeting @ 2pm
- 20th - Sourdough Starters @ 6pm to 8pm
- 21st - Recipe Club: Plate it up! @ 10am to 12pm
- 22nd - Crazy Quilt Stitches @ 10am to 1pm
- 22nd - Food Preservation: Beef & Venison Jerky @ 6pm to 8pm
- 27th - WTA Area Homemaker Meeting @ 10am to 12pm
- 28th - Laugh & Learn @ 11am to 12pm
- 29th - Crazy Quilt Stitches @ 10am to 1pm

CELEBRATE OUR SEPTEMBER BIRTHDAYS!

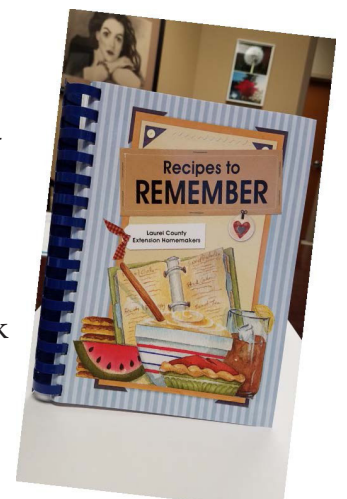
- 2nd Marianne Crawford (Mailbox)
- 3rd Patricia Cheek (Laurel Silver Threads)
- 5th Elaine White (Mountain Laurel Quilters)
- 6th Gerry Cloyd (Rough Creek)
- 8th Laura Brock (Mountain Laurel Quilters)
- 8th Doris Reed (Mountain Laurel Quilters)
- 10th Janet Proffitt (Laurel Silver Threads)
- 10th Ella Rowlett (Mailbox)
- 13th Debbie Ann Jackson (Mountain Laurel Quilters)
- 17th Maggie Napier (Mailbox)
- 18th Karen Jump (Mailbox)
- 21st Catherine Sims (Mountain Laurel Quilters)
- 21st Tracy Mills (Mailbox)
- 27th Kathy Scott (Mailbox)
- 27th Joyce Yaden (Rough Creek)
- 28th Debra Steelman (Laurel Silver Threads)

Cookbooks Available!

PRICE CHANGE!

Our Extension Homemaker Cookbook fundraiser continues as we head into the wedding season. These cookbooks make great gifts for brides, newlywed or anyone that loves to cook. The cookbook is a reprint of a cookbook that the Laurel County Extension Homemakers did back in the early 1980's so there are a lot of great recipes in there. We are currently offering curbside service at the office, so pull up, give us a call, and we will bring them out to your car. If you would rather, we can mail the cookbook and include a gift card on your behalf.

Cost is \$10 (pick up) or \$15 (mailed).





September C.L.A.S.S. Events

Register at 606-864-4167 or online at [HTTPS://BIT.LY/LCESCLASS](https://bit.ly/LCESCLASS)



Crazy Quilt Stitches Every Thursday in September | 10 AM—1 PM | \$12 per week (\$60 total)
If you love stitching you must try crazy quilt embroidery! Over the course of these five classes, you will learn individual stitches along with how to string multiple stitches together to create gorgeously embellished projects. You can incorporate these beautiful techniques into a wide variety of projects - quilts, pillows, wall hangings, and so much more! Some stitches and techniques that you will be learning will include: blanket, chain, french, knot, chevron, feather, and many more!

Cake Pops September 6th | 6 PM—8 PM | \$0
Join us for this delicious class where you will get hands on experience making Cake Pops and learning some basic cake pop decorating techniques. Registrants will leave with their own cake pops!

Food Preservation: Meat September 7th | 1 PM—4 PM | \$5
Join us as we discuss food preservation, specifically regarding assorted meats. This will a class perfect for those that are new to canning or for those wanting a refresher. During the class we will discuss food preservation benefits, equipment, and techniques before getting hands-on experience with the information discussed.

Made by You September 14th | 10 AM—2 PM | \$0
“Made by You” is an open workshop day to work on your unfinished projects. Help is available upon request if needed. Come join others who need a place to spread out, encouragement, or perhaps just a set aside time to work. Participants will bring their own personal projects, necessary tools and supplies.

Craft n’ Creations: Fabric Pumpkins September 15th | 6 PM—8 PM | \$5
Join us each month on the third Thursday of each month (unless otherwise noted) for some crafting and creating! You will get the chance to slow down and have some fun while working on a stress-relieving craft project.

Sourdough Starters September 20th | 6 PM—8 PM | \$0
During this class, we will be discussing the ins-and-outs of Sourdough including the science behind sourdough, how to make your own starter, how to feed your dough, and some delicious recipes!

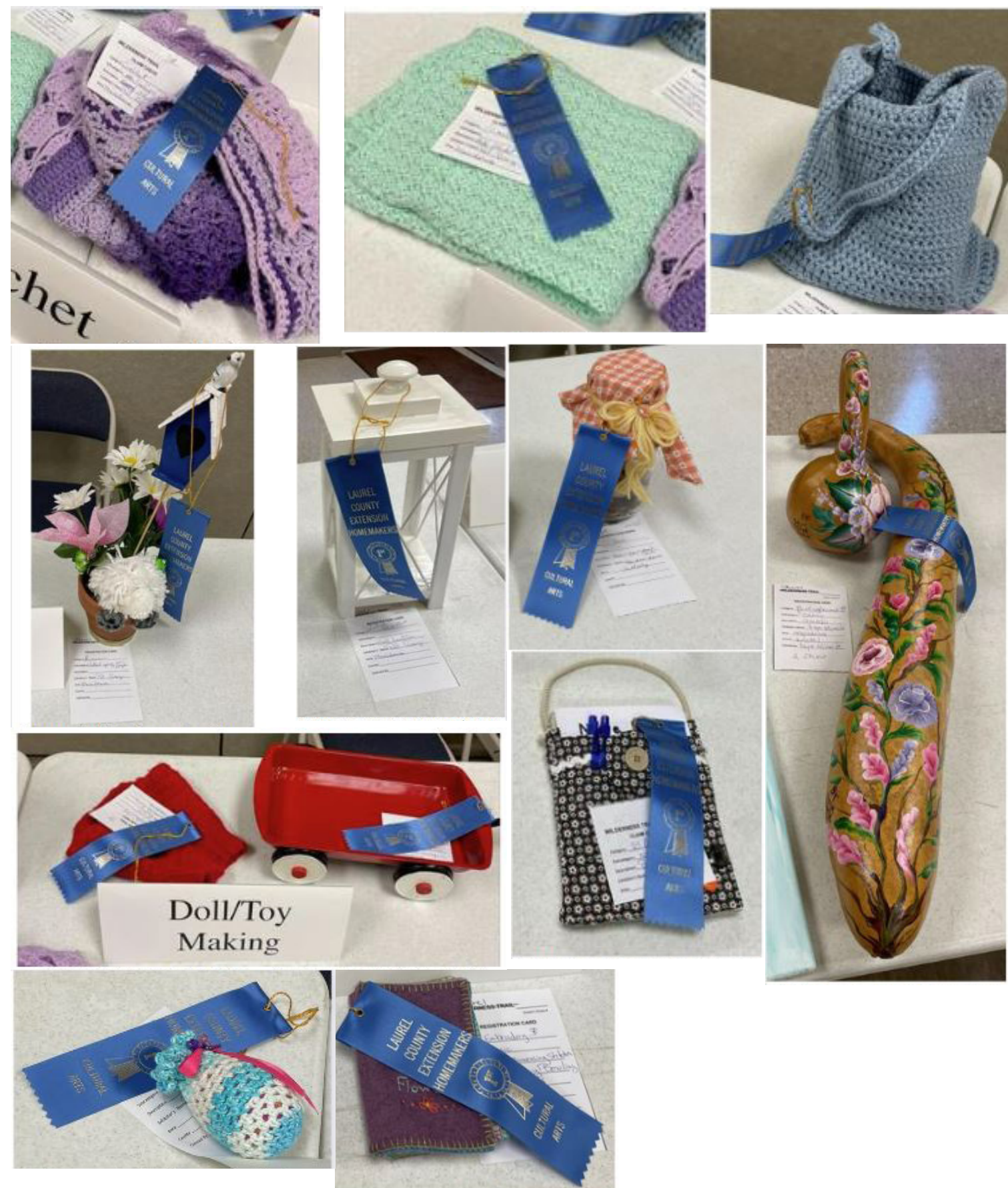
Food Preservation: Beef & Venison Jerky September 22nd | 6 PM—8 PM | \$5
Join us as we discuss food preservation, specifically regarding how to make jerky. This will a class perfect for those that are new to canning or for those wanting a refresher. During the class we will discuss food preservation benefits, equipment, and techniques before getting hands-on experience with the information discussed.

Laugh & Learn: Fall and Wind September 28th | 11 AM—12 PM | \$0
We will be offering a FREE one-hour Laugh and Learn Playdate every month for you and your child(ren) to engage in playful activities that are designed to prepare them for kindergarten. Adults and children will hear stories, sing songs, make crafts, play games, and enjoy a healthy snack during every playdate. Be sure to sign up and mark your calendars with the following dates so you and your child(ren) can together build the skills they will need to best prepare them for school.

Lora Davidson
Lora Davidson
Laurel County Extension Agent
For Family & Consumer Sciences



2022 Laurel County Homemaker’s Cultural Arts



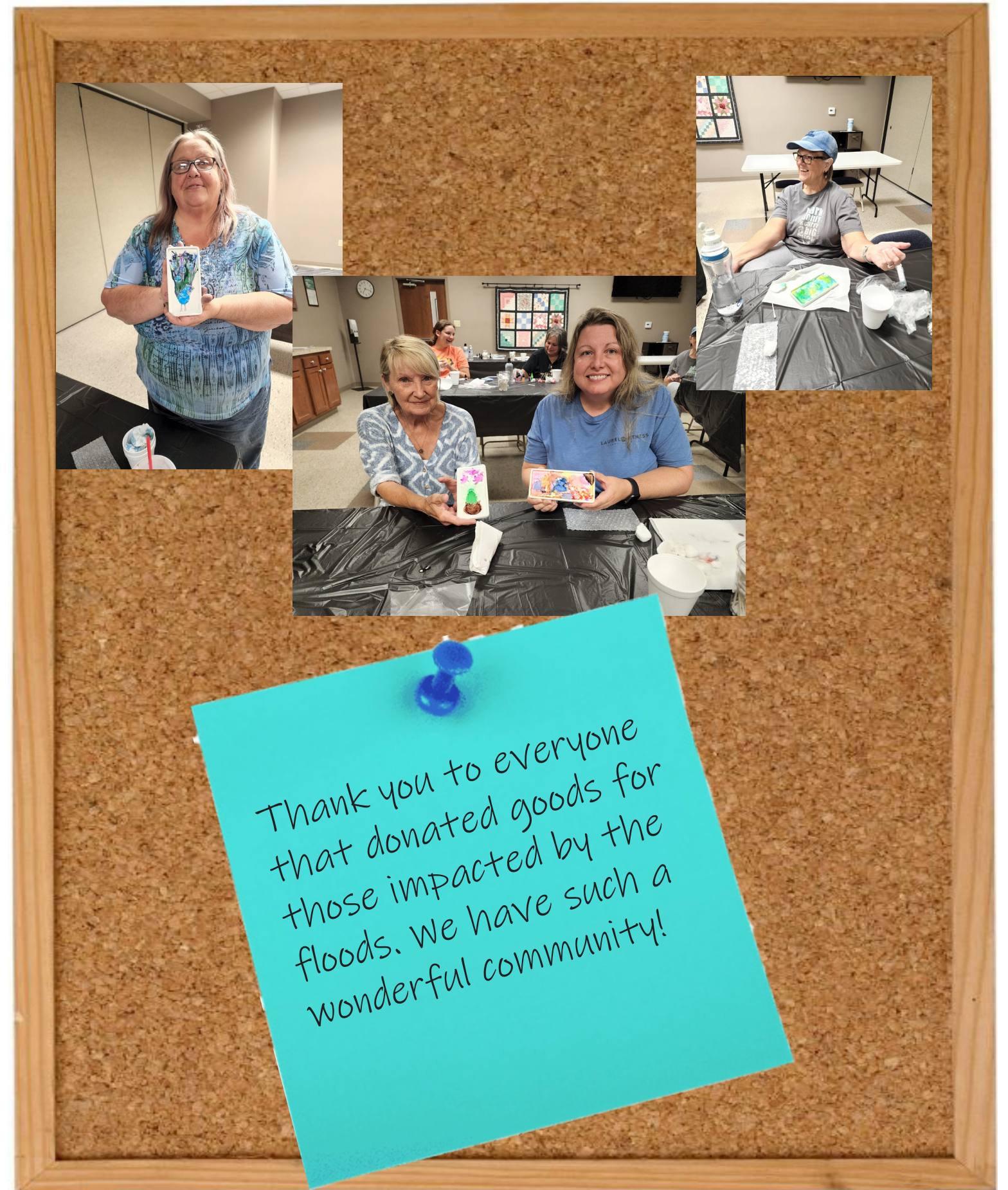


2022 Laurel County Homemaker's Cultural Arts



Congratulations to our Cultural Arts winners!

- Art, Natural/Wood - Pat Gray, Macedonia, Blue
- Basketry, Cane - Myra Raiche, Mailbox, Blue
- Basketry, Dyed Material - Myra Raiche, Mailbox, Blue
- Basketry, Miniature - Myra Raiche, Mailbox, Blue
- Basketry, Novelty - Myra Raiche, Mailbox, Blue
- Crochet, Accessories - Pat Gray, Macedonia, Blue
- Crochet, Fashion - Pat Gray, Macedonia, Blue
- Crochet, Home Decor & Afghans - Pat Gray, Macedonia, Blue
- Doll/Toy Making, Cloth - Pat Gray, Macedonia, Blue
- Doll/Toy Making, Handmade other than Porcelain/China or Cloth - Pat Gray, Macedonia, Blue
- Embroidery, Basic Embroidery - Sheryl Bowling, Silver Thread Quilters, Blue
- Holiday Decorations, Spring - Pat Gray, Macedonia, Blue
- Holiday Decorations, Summer - Pat Gray, Macedonia, Blue
- Needlepoint, Plastic - Naomi Conaway, Sublimity, Blue
- Needlepoint, Plastic - Carolyn Etherton, Sublimity, Red
- Painting/Art, Acrylic - Faye Miracle, Macedonia, Blue
- Painting/Decorative, Wood - Pat Gray, Macedonia, Blue
- Painting/Decorative, Other - Faye Miracle, Macedonia, Blue
- Wall or Door Hanging, Other - Pauline Lewis, Blue
- Miscellaneous - Pauline Lewis, Sublimity, Blue



Thank you to everyone that donated goods for those impacted by the floods. We have such a wonderful community!



October C.L.A.S.S. Event Sneak Peek

Register at 606-864-4167 or online at [HTTPS://BIT.LY/LCESCLASS](https://bit.ly/LCESCLASS)



Making Your Money Work

October 4th, 2022 | via ZOOM | 6 PM—8 PM | \$0

This class will help you understand how you think about money management. We will discuss your own outlook on financial management and transition over to understanding the different types of expenses. If you are looking for a class to help you organize and focus your spending, this is the one for you!

Made by You

October 5th, 2022 | 10 AM—2 PM | \$0

This is an open workshop day to work on your unfinished projects. Come join others who need a place to spread out, encouragement, or perhaps just a set aside time to work. Participants will bring their own personal projects, necessary tools and supplies. Help is available upon request if needed.

Fresh Apple Butter & Homemade Biscuits

October 6th, 2022 | 6 PM—8 PM | \$5

Imagine waking up and starting your day with some warm biscuits and fresh apple butter...Can you say DELICIOUS? Join us as we dive into the ins-and-outs of taking apples and making your own apple butter to put on the homemade biscuits that we will make during the class.

Cook Together, Eat Together

October 11th, October 19th, October 25th, and November 1st | 6 PM—8 PM | \$0

We've all been there, struggling to figure out what to fix for your family's dinner or struggling to spend enough time with your family once everyone has made it home after their busy days. Join us for this fun cooking event where you won't even have to leave your home! At this fun cooking event you will cook with your kids, get tips that make cooking fast, fun and delicious, learn how to make healthy and affordable recipes, receive recipes to make vegetables "taste as good as a French fry", get special tips on family meals, leftovers and "less mess" cooking, share shopping tips for buying healthy food on a budget, and get the scoop on shopping at farmers markets!

Caramel Apples

October 13th, 2022 | 6 PM—8 PM | \$0

Learn how to create the most beautiful and delicious gourmet caramel apples you've ever had in your life- with no fancy cooking skills or tools involved!

Laugh & Learn

October 25th, 2022 | 11 AM—12 PM | \$0

We will be offering a FREE one-hour Laugh and Learn Playdate every month for you and your child(ren) to engage in playful activities that are designed to prepare them for kindergarten. Adults and children will hear stories, sing songs, make crafts, play games, and enjoy a healthy snack during every playdate. Be sure to sign up and mark your calendars with the following dates so you and your child(ren) can together build the skills they will need to best prepare them for school.

Craft n' Creations: Cork Leaf Trivets

October 27th, 2022 | 6 PM—8 PM | \$5

Join us each month on the third Thursday of each month (unless otherwise noted) for some crafting and creating! You will get the chance to slow down and have some fun while working on a stress-relieving craft project.



Laurel County Extension

Family & Consumer Sciences Education C.L.A.S.S.

Holiday Ideas 2022

- Sample recipes for your holiday meals
- Examine holiday spending & budgets
- Explore holiday crafts
- Create your own ornament

Tuesday, Oct 18th

10am-12pm and 6pm-8pm

Cost: \$0

Register online at [HTTPS://BIT.LY/LCESCLASS](https://bit.ly/LCESCLASS)
or call (606)864-4167

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LEXINGTON, KY 40546

 Disabilities
accommodated
with prior notification.