

4-H YOUTH DEVELOPMENT



May - August 2023



4-H NEWS

Laurel County
200 County Extension Rd.
London, KY 40741
(606) 864-4167
Fax: (606) 864-4168
www.ca.uky.edu/laurel



Join our newest club! Paws, Claws, Scales and Tails 4-H Club

Watch for dates and times on our
4-H Facebook page.

The College of Agriculture, Food and Environment is an Equal Opportunity Organization with respect to education and employment and authorization to provide research, education information and other services only to individuals and institutions that function without regard to economic or social status and will not discriminate on the bases of race, color, ethnic origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. Inquiries regarding compliance with Title VI and Title VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments, Section 504 of the Rehabilitation Act and other related matter should be directed to Equal Opportunity Office, College of Agriculture, Food and Environment, University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546, the UK Office of Institutional Equity and Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032 or US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410.



Elizabeth Easley
4-H Agent

Jim McCullough
4-H Program Assistant

Kelsey Henson
4-H Program Assistant

Billie Smith
4-H Staff Assistant





University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



Don't forget, you get a free camper space for a child of your choice if you are a counselor!

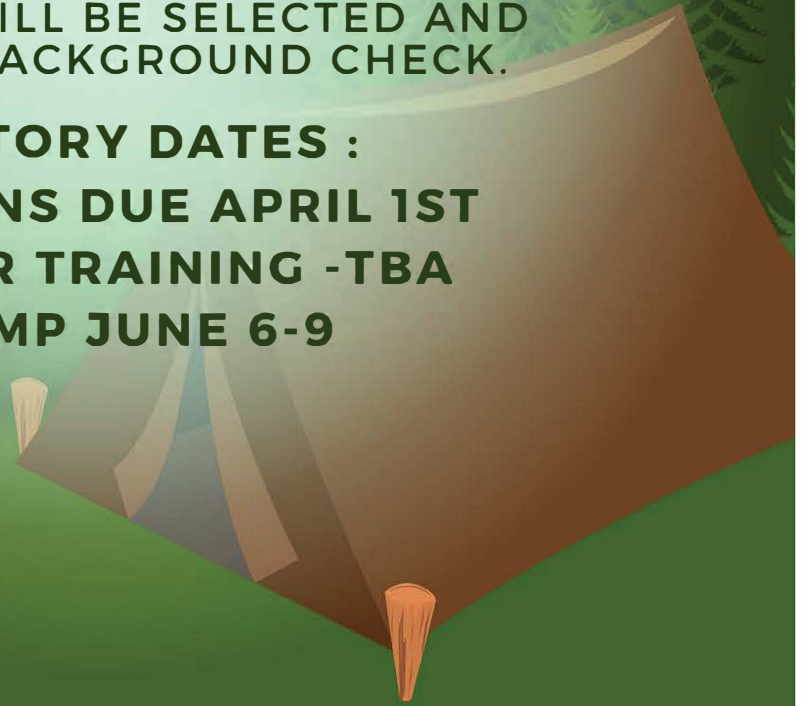
INTERESTED IN SERVING AS AN ADULT COUNSELOR FOR LAUREL COUNTY 4-H CAMP?

SERVING AS AN ADULT COUNSELOR GIVES YOU THE OPPORTUNITY TO SERVE AS A ROLE MODEL FOR CAMPER, TO ENJOY THE OUTDOORS, AND TO CHANGE LIVES FOR THE BETTER!

THIS FORM IS JUST AN INTEREST FORM, FORMAL APPLICATIONS WILL BE SENT OUT AT A LATER DATE.

COUNSELORS WILL BE SELECTED AND MUST PASS A BACKGROUND CHECK.

MANDATORY DATES :
APPLICATIONS DUE APRIL 1ST
COUNSELOR TRAINING -TBA
4-H CAMP JUNE 6-9



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

MAY 4-H MEETING DATES

Date	Time	Club/Meeting
1	6pm	Paws,Claws,Scales & Tails 4-H Club
1	6pm	Art Lounge 4-H Club
2	12:30	4-H Explorers Community Club
2	6pm	Fabric Friends 4-H Club
4	6pm	Urban Homesteaders 4-H Club
8	6pm	Barnyard Buddies 4-H Club AGES 5-8
8	6pm	Robo Warriors 4-H Robotics Club
8	7pm	Laurel Co. Ham 4-H Club
9	6pm	Poultry Pirates 4-H Club
9	6pm	Art Lounge 4-H Club
15	4pm	Gardening 4-H Club
18	10am	Not So Secret Society of 4-Hers Club
18	6pm	Bon Appetite 4-H Club
22	6pm	Robo Warriors 4-H Robotics Club
22	6pm	Blazing Trails 4-H Horse Club
25	6pm	Carrot Crunchers 4-H Rabbit Club



June 4-H MEETING DATES

Date	Time	Club/Meeting
1	6pm	Urban Homesteaders 4-H Club
5	6pm	Paws, Claws, Scales & Tails 4-H Club
6	6pm	Fabric Friends 4-H Club
12	6pm	Robo Warriors Robotics 4-H Club
12	6pm	Barnyard Buddies 4-H Club AGES 5-8
15	10am	Not So Secret Society of 4-Hers Club
15	6pm	Bon Appetite 4-H Club
20	12:30	4-H Explorers Community Club
20	6pm	Poultry Pirates 4-H Club
20	6pm	Bon Appetite Cooking 4-H Club
22	6pm	Carrot Crunchers 4-H Rabbit Club
26	4pm	Gardening 4-H Club
26	6pm	Robo Warriors 4-H Robotics Club





University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service




4-H Youth Development

JULY 4-H Meeting Dates

Date	Time	Club/Meeting
3	6pm	Art Lounge 4-H Club
6	6pm	Urban Homesteaders 4-H Club
10	6pm	Robo Warriors Robotics 4-H Club
17	4pm	Gardening 4-H Club
20	10am	Not So Secret Society of 4-Hers Club
20	6pm	Bon Appetite 4-H Club
24	6pm	Robo Warriors 4-H Robotics Club
24	6pm	Laurel Co. Ham 4-H Club
27	10am	Not So Secret Society of 4-Hers Club





University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
 4-H Youth Development

August Meeting Dates

Date	Time	Club/Meeting
1	12:30pm	4-H Explorers 4-H Community Club
3	6pm	Urban Homesteaders Sheep, Goats & Hogs 4-H Club
7	6pm	Paws, Claws, Scales & Tails 4-H Club
10	6pm	Carrot Crunchers 4-H Rabbit Club
14	6pm	Barnyard Buddies 4-H Club AGES 5-8
14	6pm	Robo Warriors 4-H Robotics Club
15	6pm	Poultry Pirates 4-H Club
17	10am	Not So Secret Society of 4-Hers Community Club
17	6pm	Farm Fresh Beef & Dairy 4-H Club
24	6pm	Farm Fresh Beef & Dairy 4-H Club
28	6pm	Blazing Trails 4-H Horse Club
28	6pm	Robo Warriors 4-H Robotics Club

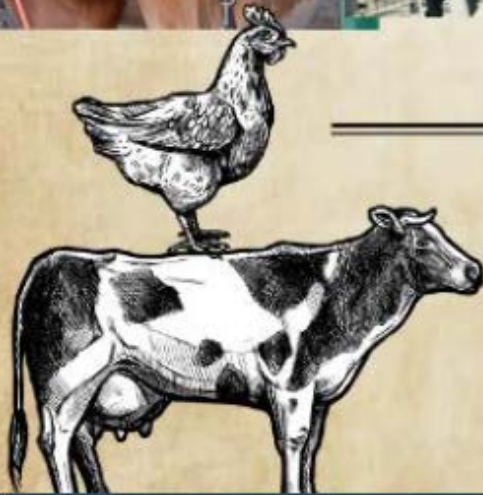




2023 Laurel County AG Fair



Celebrating 60 Years



**July 11-14th, 2023
1855 State Hwy 229
London, KY**

<https://laurel.ca.uky.edu.newsletters/laurel-county-4-h-agricultural-fair-2023>

**Kentucky State Fair
August 17 - 27th, 2023**

Microwave Chicken Tortilla Soup

- 1 (14-oz.) bag whole-kernel corn, frozen
- 1 (15-oz.) can black beans
- 1 (15-oz.) can kidney or cannellini beans
- 1 (14.5-oz.) can diced tomatoes, no sodium
- 1 (4-oz.) can green chilies, chopped, drained
- 1 (14.5-oz.) can chicken broth, low sodium
- 1 (10-oz.) can chunked chicken
- 1 (10-oz.) can cheddar cheese soup (reduced fat and/or sodium)

Optional toppings: Crushed tortilla chips, shredded cheese, diced tomatoes

Open all the cans. Drain and rinse beans in a strainer. Place all ingredients in a large microwave-safe bowl and cover with plastic wrap. Cook on high for 18 minutes, stirring three times or until chicken is heated through. Serve.

Refrigerate leftovers. Use to top baked potatoes, pasta or rice. Or freeze in meal-sized portions if you will not use the leftovers within three days.



RETURN SERVICE REQUESTED

www.ca.uky.edu/laurel

Fax: (606) 864-4168

(606) 864-4167

London, KY 40741

200 County Extension Rd.

Laurel County

University of Kentucky
College of Agriculture,
Food and Environment,
Cooperative Extension Service



NONPROFIT ORG
US POSTAGE PAID
LONDON KY
PERMIT 103